

Worldwide Travel Staffing, Limited

is proud to present its St. Thomas, U.S. Virgin Islands assignments



An island that was originally discovered by Columbus in 1493 has been granted to the United States after its 1917 purchase of the islands. The natural resources of St. Thomas are listed as **sun**, **sand**, **sea** and **surf**. If you are looking for a tropical paradise, come and visit St. Thomas.

Roy Lester Schneider Hospital is located at 9048 Sugar Estate, St. Thomas, Virgin Islands 00802.

Living Accommodations:

Magens Point Resort



The resort is located ½ mile from Magens Beach and 1 mile from the Mahogany Run Golf Course. On a normal traffic day, it takes between 15 -20 minutes to drive to the Roy Lester Schneider Hospital. Tax's and Rental cars are available at the resort.

The rental would include sheets, towels, water, power, cable TV, a/c, local telephone service w/voice mail, TV, kitchenette w/microwave, 2 burner built-in stove top & under counter refrigerator, pots and dishware. Maid service is available at \$25 per service and must be arranged 24 hours in advance.

Studio Units: \$950 Per Month Plus \$950 Security

On property amenities that are available to renters:

Coin Laundry , Restaurant/Bar, Hot Tub/Spa
Convenience Store, Ice Machines,
Fresh water Swimming Pool, 2 Tennis Courts, Parking

If you need any additional information please call Ms. Mercedes Shelby at 340-513-1440

Harmony Suites



Monica Boyd is the main contact for Harmony Suites just twenty minutes from Roy Lester Schneider Hospital on Mandahl Road, the main access road to Magans Bay and Trunk Bay (two of the top ten most beautiful beaches in the world). These suites are fully furnished for your convenience.

Monica Boyd can be reached at 340-690-1208, or visit her website at www.harmonysuite.com

Shopping:



Vendor's Plaza: In Charlotte Amalie there is an area called Vendors Plaza where vendors set up small booths, tables, and tents from which they sell an assortment of souvenirs. Vendors Plaza is located across from the Emancipation Park and Fort Christian. There you will find silver jewelry, t-shirts, tropical print wrap skirts, shirts and dresses, imitation bags and watches, trinkets and more. There is also hair-braiding, a photo op with a donkey, a coconut-for-sale stand, local food vendors and ice-cream stand.

Vendors Plaza is generally open Monday through Saturday from about 7:30 a.m., when the vendors start setting up, until 5:00 p.m. when they start packing up for the day. On Sundays, only a few vendors set up depending on the number of ships in port; more ships usually mean more vendors.

Across the street from Vendors Plaza is a Co-op store that sells locally made crafts and goodies.

Shopping in Havensight: Havensight is the location of the second largest group of stores that cater to visitors. It is right next to the primary cruise ship dock and the shopping area is made up of Havensight Shopping Center, Buccaneer Mall, and Port of Sale. Long buildings house some more than sixty stores. Shop for jewelry, clothes, perfumes, liquor, electronics, music, sunglasses, hot sauces, and souvenirs. You can also have lunch in Havensight, there are several excellent restaurants to choose from.



Transportation:

Car Rental Information and Agencies:

Renting a car will allow you to see the island at your own pace. Rental Agencies are located at the airport, walking distance from the main cruise ship dock and at large resorts. There are several agencies to choose from. Having your own transportation will make sightseeing, beach-hopping, dining, shopping and exploring the island much more convenient.

Inter-Island Ferry and Air Service:

Inter-island travel is facilitated by reliable ferry service and commuter airlines. Visit Virgin Islands Ferry Schedules and Inter-Island Air Carriers for more information.



Scooters, Motorcycles, Bicycles:

There are a few shops that rent scooters on the island. Motorcycle rentals are not popular, but a couple of the scooter rental shops do have them. Bicycles are available more for sport than transportation.

Taxis & Rates:

Taxis are abundant and reliable. They are readily available at the airport, cruise ship dock, large resorts, and at popular attractions and beaches. Taxis charge per person and by destination. There are no metered taxis. Taxi rates are set by the VI Taxicab Division.

Public Transportation:

Country Buses travel between town and Red Hook every hour. They start running at 5.15 a.m. from town and end at 8.00 p.m. from Red Hook. There are buses that travel past the airport toward Bordeaux. City buses travel between the Schneider Regional Medical Center bus stop to town starting at 6.15 a.m. until 8:00 p.m. The first bus from the Airport to town is at 6am and the last is 8:00 p.m. Country Bus Fare \$1 and City Bus \$.75.



'Dollar Rides' or 'Dollar Taxis':

There are taxi drivers that run 'dollar rides' in safari buses. A safari is a truck that has been outfitted with bench seating in the back. It is open air but covered. Not all safari buses are 'dollar rides', some are regular taxis. The 'dollar rides' generally run the same route as the public bus and pull in or close to bus stops. If in doubt, ask the driver before boarding. Also ask where they are heading to make sure they are going the route you want to go. They are for the most part un-regulated and operate mostly to assist with the transportation needs of residents. Some 'dollar ride' drivers charge non-residents regular taxi rates.

Dollar rides are \$1 for short trips such as anywhere in town between the University of the Virgin Islands and the Hospital (Schneider Regional Medical Center), traveling to points between the Hospital and Pricemart (supermarket), traveling from one point in the country to another (country is used to describe the middle and east end of the island). The fare is \$2 for longer cross-island trips such as traveling from the Hospital to Pricemart and beyond, and traveling from Pricemart and beyond to anywhere in town.

Night Life:

If you are looking for a semi-block party island style, try heading to Red Hook. Start off with some dinner and drinks at one spot and then head over to another bar or restaurant to listen to music or maybe a live band. Red Hook has several fun spots that are all in walking distance which makes bar hopping easy.



Most resorts and hotels offer some type of nightlife: including bars, pool tables, restaurants, and karaoke. Some offer casual night activities like beach volleyball and Caribbean shows complete with calypso singers, steel drum players and mocko jumbie dancers. Ask for information at your hotel's reception desk. Movie theatres and bowling are available on St. Thomas.



For a night on the town combine an early dinner with a live performance. Plays, orchestras, ballets, and concerts are performed throughout the year at centers for performing arts and theatres like Reichhold Center, Pistarckle theaters and Tillett Gardens.

Local celebration like Carnival and French Heritage week often include evening events and shows. Also during holidays, like Christmas, various evening activities like concerts, shopping specials, and plays take place.

US VIRGIN ISLANDS *Restaurants*



Driving around the islands, you'll see brightly colored fruit, strange-looking root vegetables, flourishing herbs and even foot-long spiny lobsters - all for sale at roadside markets. This rich bounty represents just a few of the local ingredients which make up the heart-and-soul of Caribbean cuisine - a melting pot sifted, stirred and savored by many cultures throughout the ages. Long before Columbus, the Arawaks cultivated foods like cassava, sweet potatoes and pumpkins in fertile Virgin Islands' valleys.

These ancient people also hooked, speared and netted a number of fin fish and shellfish like king mackerel, conch and whelks. Danish colonists arrived in the 1600's, followed by the Spanish, French, British and Dutch. Then came the Africans, Chinese and East Indians. Each wave of newcomer brought something unique to the culinary table - a different cooking method, a new spice or another way of preserving food.



Today, the ethnic diversity has led to a variety of eating options. Sizzling seafood scampi, schnitzels galore, pasta's tossed with island-grown herbs or Caribbean-caught fish, Danish-style smorgasbords, sushi bars, Cajun crawfish etouffe, chateaubriand and even Peking Duck - you name it. The Virgin Islands' rivals many major cities in it's number of food choices per square mile.

But if you're going to indulge in the sun, sea and sand, then you must sample some of the local Creole soul food as well. Start a Caribbean feast with a creamy bowl of nutmeg-topped pumpkin soup or hearty kallaloo stew made thick with fresh spinach and shellfish. Move on to coconut-curried chicken, succulent roast pork marinated in sunny citrus juices and s avory herbs or a Caribbean lobster tail hot off the grill and topped with a smooth avocado-based mayonnaise. You'll find the cornmeal and okra combination called `fungi', fried plantains or spicy beans and rice are fulfilling entree accompaniments. And for dessert? Nothing equals a frosty wedge of key lime pie.

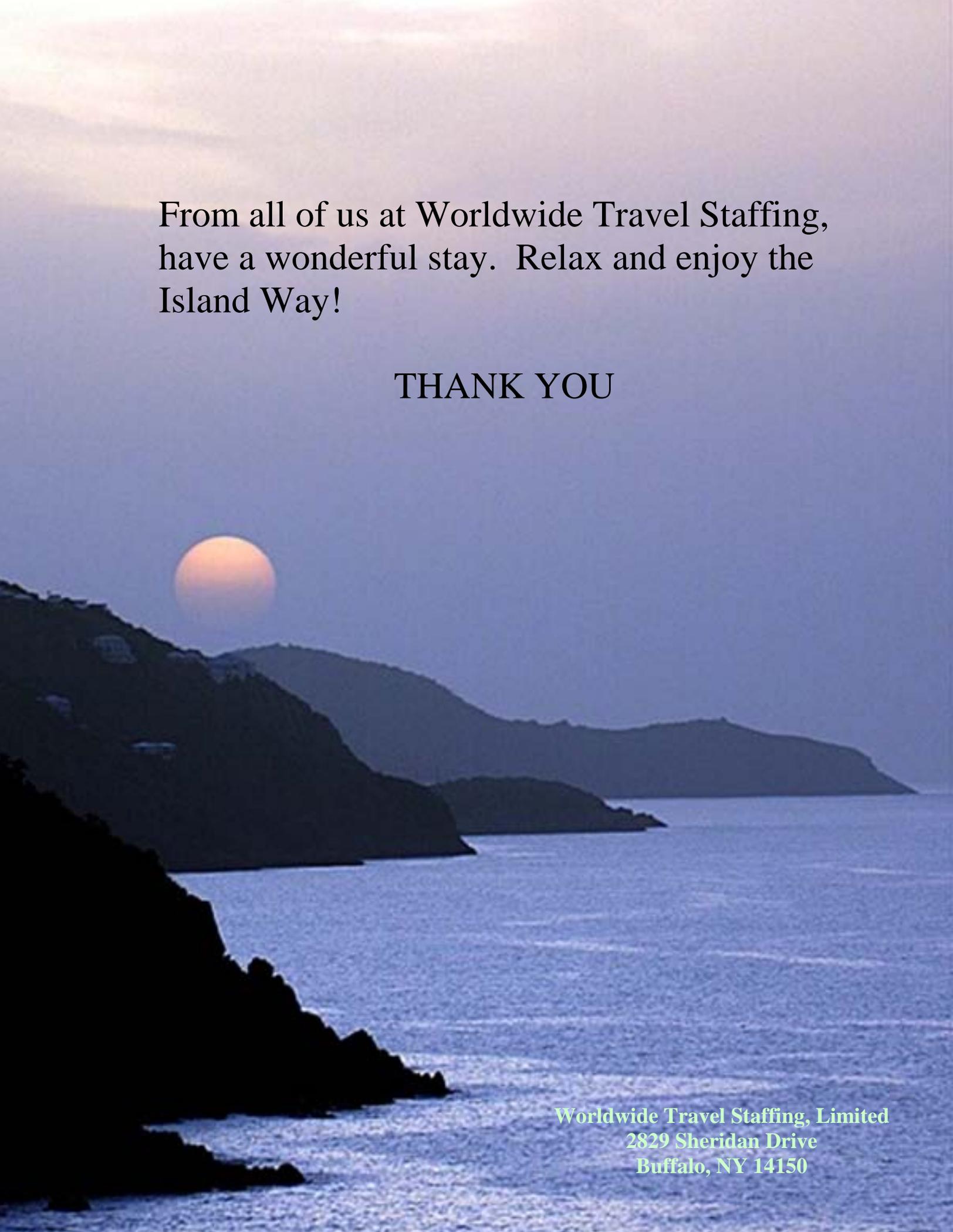


Whether you're overlooking Charlotte Amalie Harbor, snuggled

in downtown Cruz Bay, or seated along the Christiansted or Fredericksted waterfronts - twinkling lights reflected off the surrounding seas at night create the perfect backdrop for any fine dining experience.

Reservations are always recommended for dinner in season (December through April). You won't need a coat and tie for dining in the Virgin Islands, but do wear a shirt and pants, shorts or skirt - no bathing suits, please. Major credit cards are accepted in most restaurants.





From all of us at Worldwide Travel Staffing,
have a wonderful stay. Relax and enjoy the
Island Way!

THANK YOU

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